



2019 Health Fair

Raffles
and
Giveaways!

Sunday, November 3rd
10:00 am-1:00 pm

All are
welcome!

DoubleTree Hotel

301 W. Dekalb Pike, King of Prussia, PA 19406
Jefferson Room (lower level)

Prior to the General Membership Meeting

- Health Screenings*:
 - Blood Pressure
 - Cholesterol
 - Blood Sugar
 - Height, weight and BMI
- Flu Shots
- **NEW this year!** Sponsored by Independence Blue Cross
 - Skin cancer screenings and
 - Complimentary chair massages

Space is limited for the health screenings!

To reserve your spot, contact a 542 nurse prior to the event.
(215) 542-8211

All health screening participants will receive a free gift!

***Must have full (non-Medicare) benefits to be eligible for the health screenings.**



FIDELIO
DENTAL INSURANCE



See other side for additional flu shot dates and locations. -->

International Union of Operating Engineers of Eastern Pennsylvania and Delaware Benefit Plans

1375 VIRGINIA DRIVE
SUITE 102
FORT WASHINGTON, PA 19034

MAILING ADDRESS
P.O. BOX 1627
FORT WASHINGTON, PA 19034
Phone: (215) 542-8211

2019 Local 542 Flu Shot Schedule

The Welfare Fund will be providing Flu Shots to Active / Retired members and their eligible **adult** dependents (spouses and adult children) at their local district meeting. *Nurses will be at Districts 2,3,4, and 5 at 7pm, which is 1 hour before the start of the meeting.* For District 1, nurses will be there at 6pm, which is 2 hours before the meeting.

Flu shots will also be available at the November 3rd General Membership Meeting starting at 11am. This year's General Membership Meeting is at:

DoubleTree Hotel 301 West DeKalb Pike, King of Prussia, PA 19406

<u>District</u>	<u>Date</u>	<u>Day/Time</u>	<u>Location</u>
1	Oct 4 th	Friday, 6-8pm	Local 542 Union Hall 1375 Virginia Drive, Fort Washington, PA 19034
2	Oct 15 th	Tuesday, 7-8pm	Fogelsville Fire Company 7850 Lime Street, Fogelsville, PA 18051
3	Oct 17 th	Thursday, 7-8pm	Polish American Veterans Hall 2 South Oak Street, Plains, PA 18705
4	Oct 3 rd	Thursday, 7-8pm	Red Lion Hotel Harrisburg East 4751 Lindle Road, Harrisburg, PA 17111
4	Oct 10 th	Thursday, 7-8pm	VFW PA Post 6631 940 US Highway Rte. 522, Selinsgrove, PA 17870
5	Oct 9 th	Wednesday, 7-8pm	Carpenter's Hall 626 Wilmington Rd, New Castle, DE 19720

*** Please note the time changes**

See other side for 542 Health Fair information