

About your health center



IUOE Local 542 Health Center
1375 Virginia Dr.
Fort Washington, PA 19034
866-211-1797

Meet your providers



Ellen Frazier, CRNP, FNP-C

Ellen has been a nurse practitioner for over 15 years with the majority of her career spent in family medicine. She has a bachelors degree in nursing from Penn State University and a masters degree in nursing from Thomas Jefferson University. In her spare time she enjoys running, watching college/professional sports, and cheering her kids on at soccer. Ellen lives in Eagleville with her husband, two girls, and one crazy puppy. She's looking forward to working with the IUOE 542 members.



Christina Hess-Avery, RN, BSN

Christina was born and raised in Southampton, PA and currently resides in North Wales, PA. Christina attended the nursing program at Bucks County Community College in Newton, PA. From there, she began working at Lehigh Valley Hospital in Allentown. During her time at Lehigh Valley, she gained experience from the observation unit and the operating room/trauma unit. Her great interest for trauma/emergency care led her to working at Einstein Medical Center in Philadelphia. Christina has a huge passion for health, working out, and staying healthy. She loves traveling and seeing new places, spending time with her family/friends, music, and trying new foods! She is excited to meet/care for the Local 542 group!

Services

Comprehensive primary care

- Acute care
- Cold/Flu
- Nausea/Vomiting
- Headaches/Migraine
- Sinus infections
- Earaches & infections
- Sore throat & strep
- Allergy shots
- DOT Physicals
- Johns Hopkins Health Care programs for cancer advocacy, diabetes management and mental health

Quality of care

- All covered services received at the health center are FREE
- No-cost onsite lab work
- Select no-cost onsite generic medications
- Time to address your needs

Hours

Mon. 8 a.m. – 4:30 p.m.

Tue. 8 a.m. – 4:30 p.m.

Wed. 10 a.m. – 6:30 p.m.

Thu. 8 a.m. – 4:30 p.m.

Fri. 8 a.m. – 4:30 p.m.

Make an appointment today.
866-211-1797

ACTIVATE
by **everside** HEALTH™