

**866-211-1797**



## **Meet your 2 Newest Providers**

### **Alyssa Cruz, LCSW**

Alyssa is a Licensed Clinical Social Worker. She attended Lock Haven University for her undergraduate degree and Temple for her graduate degree.

**My Philosophy of Care:** It's important for me to build authentic relationships by laying the groundwork for open communication and trust. I believe in providing a space where thoughts and feelings can be explored all the while building hope and wellbeing. My mission is to understand people in the frame of where they are in their life and what the world looks like through their lens.

**Clinical Interests:** Mental Health, Behavioral Health, Individual Therapy, Couples Therapy, Group Therapy, Children/Teenagers, Adults, Depression/Anxiety, Trauma, Stress, Grief

### **Maryanne Cardelli, PT, MBA, CSCS**

Maryanne is a licensed Physical Therapist with over 20 years of experience including over 15 years owning her own facility. She has a Bachelor of Science Degree in Physical Therapy from Thomas Jefferson University.

She has extensive training and experience focusing on all aspects of care: injury prevention, Workers' Compensation and MVA cases, Orthopedic and Geriatric rehabilitation of surgical and non-surgical dysfunctions, & Aquatic Therapy.

**Call 866 - 211 - 1797 to schedule your appointment**

Remember all 542 Health Center services are free including behavioral health and physical therapy visits.

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